

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Oct

FEED YOUR CREATIVITY



Announcements:

1
Biscuit, Egg Patty, Gravy
Cereal, Fruit, Juice, Milk

Pizza
Green Salad, Corn
Red Grapes, Milk

4
Cinnamon Toast, Oatmeal
Cereal, Juice, Milk

Italian Spaghetti or Pop Corn
Chicken, Green Beans, Bosco
Stick w/marinara sauce,
Fruit, Milk

5
Breakfast Tornado, Cereal
Juice, Fruit, Milk

Super Nacho's or Sandwich
Pinto Beans
Tossed Salad
Fresh Grapes, Milk

6
Donuts, Cereal, Fruit
Juice, Milk

Chicken Legs or Steak Fingers
Cream Potatoes, Gravy
Steam Broccoli, Roll

7
Breakfast Pizza, Cereal
Fruit, Juice, Milk

Cheeseburger or BBQ on Bun
Baked Beans, Bulldog Fries
Fixings, Orange Wedges, Milk

8

No School
Columbus Day
Holiday

11

No School
Columbus Day
Holiday

12
Apple or Cherry Strudel or Cereal
Fruit, Juice, Milk

Orange Chicken or Steak Fingers
Fried Rice, Stir Fry Vegetables
Fruit, Milk

13
Chocolate or Blueberry Muffins,
Fruit, Milk

Taco Soup w/grilled cheese
Sandwich or Sandwich
Carrot Sticks & Broccoli
w/dressing, Fruit, Milk

14
Breakfast Combo, Toast,
Oatmeal, Cereal, Fruit, Juice, Milk

Salisbury Steak or Chicken
Nuggets, Cream Potatoes
Steam Broccoli, Roll, Gravy
Fruit, Juice, Milk

15
Biscuit, Sausage, Gravy
Cereal, Juice, Milk

Hamburger or Chicken on
Bun, Baked Beans, Bulldog
Fries, Fresh Fruit, Cookie
Variety of Milk

National School Lunch Week

18
Donut Hole, Cereal
Fruit, Juice, Milk

Beef Enchiladas or Tamales
Green Salad w/dressing
Corn, Broccoli
Fruit, Milk

19
Breakfast Tornado, Cereal
Fruit, Juice, Milk

Lasagna w/ Bosco stick or
Pizza Sticks, Carrot Sticks
w/dressing, Green Salad
Sliced Apple, Milk

20
Sausage in Pancake, Cereal
Juice, Milk

Chicken Spaghetti or Steak
Fingers, Blackeye Peas
Bosco Stick, Fruit, Milk

21
Egg Extravaganza, Toast,
Oatmeal, Cereal, Juice, Milk

Hamburger or Chicken on Bun
Ranch Style Beans, Bulldog
Fries, Fresh Fruit, Cookie
Variety of Milk

22
Biscuit, Egg Patty, Gravy
Cereal, Fruit, Juice, Milk

Pizza or Sandwich
Green Salad, Corn
Red Grapes, Milk

25
Breakfast Tornado or Cereal
Juice, Fruit, Milk

Chicken Fajitas or Corny Dog
Refried Beans, Spanish rice
Pepper & Onions
Fruit, Milk

26
Sausage in Pancake, Cereal
Juice, Fruit, Milk

Taco Tuesday
Pinto Beans, Tossed Salad
Corn on Cob, Fruit, Milk

27
Chocolate or Blueberry
Muffins, Fruit, Milk

Chicken Soup w/grilled
cheese sandwich
Carrot Sticks & Broccoli
w/dressing, Fruit, Milk

28
Breakfast Pizza, Cereal
Fruit, Juice, Milk

Pop Corn Chicken or Chicken
Fried Steak, Cream Potatoes
Green Beans, Roll, Gravy
Apple Slices, Milk

29
Biscuit, Sausage, Gravy
Cereal, Juice, Milk

Hamburger or Chicken on
Bun, Baked Beans, Bulldog
Fries, Fresh Fruit, Cookie
Variety of Milk



Food and Nutrition Division
Nutrition Assistance Programs



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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